

Guided Inner Balances
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PSYCH-K® BASIC WORKSHOP

JUNE 7-9, 2019 | 9:00 am - 6:00 pm
Pittsburgh, Pennsylvania | USA

Green Heiress Holistic Health Center | 1150 Freeport Rd., Pittsburgh, PA 15238

Change Your World by Changing Your Beliefs!

"The PSYCH-K® process is simple, direct, and verifiable... These built-in safeguards allow this system of personal change to be taught to anyone who is interested in taking charge of their lives by moving out of fear and into love" - Bruce Lipton, 2015

**PSYCH-K® can help you have
SIGNIFICANT CHANGES
and RESULTS in:**

- *Transforming Fear & Self Sabotage*
- *Reprogramming Empowering Beliefs*
- *Writing Effective Goal Statements*
- *Communicating with Your Subconscious Mind*
- *Muscle Testing with Yourself and Others*
- *Using PSYCH-K® in Your Life and Business*
- *Strengthening the Link That Connects You with Your Unlimited Potential*

\$774 Registration
Investment in YOUR Wellbeing
Experience... Priceless.

(\$274 for Repeat of Basic - must bring original packet)

PAYMENT OPTIONS:
Credit Card through PayPal
Register at **www.InnerBalances.com**

For additional methods of payment email Jo Ann at:
joann@innerbalances.com

Meet Your Instructor - Jo Ann Sweeney



Attending a PSYCH-K® workshop was the single best thing that I ever did for my own personal growth. I am honored to be a certified PSYCH-K® Basic Instructor, teaching the very work that changed my life. In this three-day transformational experience you will learn how to communicate with your subconscious mind, determine what limiting beliefs you hold, and in a matter of minutes re-write those old programs into self-enhancing and life-inspiring downloads.

Workshop Sponsor: OMA Center for Mind, Body & Spirit
Maureen Oehrle, maureen.oehrle@omapittsburgh.org, 412-580-7424

• 20 Nursing CNEs and 20 Massage Therapy CE awards for Basic Workshop •